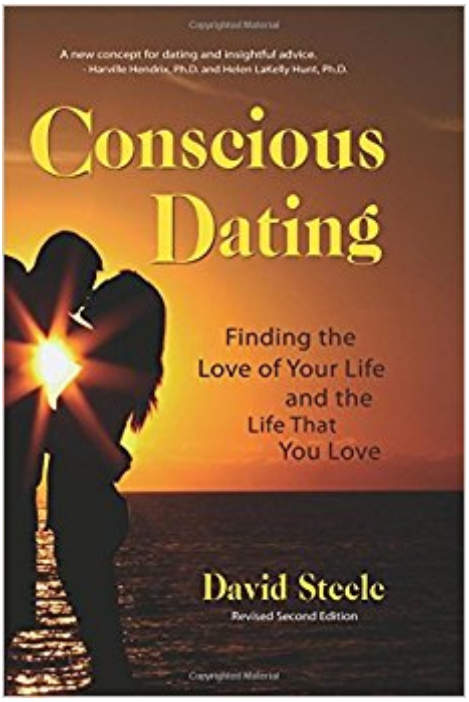
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Conscious Dating: Finding The Love Of Your Life & The Life That You Love



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Synopsis

If you are single and seeking the love of your life, this is the only book you need. Today there are more single people than ever in history. Over 40 percent of our adult population is single and most of them want to meet their perfect mate. But dating has its drawbacks and really doesn't work anymore as a way to find relationship happiness, says David Steele, marriage and family therapist, founder of the Relationship Coaching Institute (the first and largest relationship coach training organization) and author of Conscious Dating.We want to be happy in relationships, but don't know how. The old way of dating and mating simply doesn't work anymore, says Steele, the rules have changed and most of us don'Ã¢â ¬â„¢t know what the new rules are. In searching for love, most singles are using trial and error, flying by the seat of their pants, or following bad advice. This is not just another dating book filled with tired ideas about how to get a man or woman. Conscious Dating provides relationship information and strategies proven and tested with thousands of singles worldwide from a pioneering leader in the field of relationships. It does not offer manipulative or deceptive practices that compromise who you are, in fact it helps singles celebrate who they are and see being single as an opportunity and not a disease.This groundbreaking book starts by looking at fourteen dating traps and why dating doesn't work. Then author David Steele delves into the ten principles for conscious dating and how any single can go from dating disaster to dating success! Conscious Dating is destined to change the way you view dating, relationships and, most importantly, yourself. Who are you? What do you want? How can you get what you really want in your life and relationships?Packed with tips, quizzes, personal stories and real world advice, David Steele shows you how to take a proactive role, perhaps for the first time in your life, so that you can find the love of your life and the life that you love.

Book Information

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Customer Reviews

David Steele has made a significant contribution to the world of relationships by mapping two previously foreign countries- consciousness and dating, bringing them together at last in this customized guide. Packed with practical strategies that really work, Conscious Dating is THE book for helping singles navigate the dating world. --Gay and Kathlyn Hendricks, authors of Conscious Loving and the new Spirit-Centered RelationshipsIn Conscious Dating, David Steele provides a new concept for dating and insightful advice, effective exercises and useful illustrations that will help anyone who uses them make their journey to love successful. We recommend this book to anyone looking for love. --Harville Hendrix, Ph. D. and Helen LaKelly, Hunt, Ph. D.Unconscious dating can lead to disaster. Given the serious effect of relationships gone awry, Conscious Dating is a must-read for singles who want to make better relationship choices. David Steele provides sound guidance and practical advice for today s singles. --Pat Love, Ed.D., author of Hot Monogamy and The Truth About Love --This text refers to the Digital edition.

David Steele, M.A., is founder of Relationship Coaching Institute and a pioneer in working with singles. He has trained hundreds of coaches and therapists and helped thousands of singles and couples get what they want in relationships. Married and divorced twice, he has learned from his own personal as well as professional experiences.

This book helped me find my soul mate who I am very happily married to now. The most important exercise in here for me was writing down my "non-negotiable traits", the personality and character traits I needed in a life partner to be be truly fulfilled. It made me become more selective on what is truly important to me, and not ignore it when any of those essential traits were not present.

I really enjoyed this book, I bought due to a friend’s suggestion. She mentioned that it helped her through a rough time and suggested I go ahead and give it a try. Don’t regret the time I put into reading this book, the explanations were great and on point. I am going to recommend it to any friend that is struggling in a relationship or with their single life. Thank you for a great read!

I’ve been passionate about personal growth for decades but have always been a little stuck on the

relationship thing. this book has opened my eyes wide to some of my patterns and excited me beyond words as I move towards the fulfillment in dating I have always wanted but didn't have the skills to create. would have saved myself so much unnecessary heartache if i'd read it years ago. I esp. appreciate the "dating traps" section. so simple but mind-blowing.

Think this book is great for anyone who wants to date with more intention and consciousness. Loved it and it taught me a lot. The book works like a workbook as well, do all the exercises and you will learn about yourself as well as begin to hone in on what you really need.

Great advice. Helps you analyze then verbalize what you need to find and communicate.

Hi, Know what you want/need in a relationship. He has a checklist at the end that is very helpful. He helps you analyze your life/relationships so you can get what works best for you. Be the chooser not always the chosen. You are like your own counselor. Best wishes.

The best data book you could read.

If you want to change your life, find the love of your life and are prepared to radically change the way you date to do so, then you have to read this book! There are a lot of books on the market with similar themes - this one is different as it is very comprehensive, makes sense and it works! If the concepts worked for me, they'll work for anybody.Though be warned - if you are not prepared to do the work, you won't find this a quick-fix and you will be disappointed. But if you are through with game-playing, and open to some expert advice, just spend the fourteen bucks, will ya? You won't regret it!

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